

Henry “Hank” Barnard Wesselman, PhD

Biographical Information (in part)

Born - Died:

August 20, 1941- New York, United States — February 15, 2021 - near his home in Hawaii

Views:

According to his views, Hank describes himself as "Humanist, Pacifist, Animist, and Panpsychist."

Education:

1964: University of Colorado—Boulder, Bachelor of Arts

1969: University of Colorado—Boulder, Master of Arts

1982: University of California—Berkeley, Doctor of Philosophy

Career:

Scientist

Professor of Anthropology

Paleoanthropological Consultant and Researcher

Shamanic Practitioner, Teacher, Featured Speaker, and Tour Guide to Ancient Sacred Sites

Author

During the 1960s Henry served as a Peace Corps volunteer in Nigeria, among the Yoruba. He has participated in paleoanthropology research in east Africa's Great Rift Valley. His research speciality is involved with the reconstruction of the paleo-environments of early man sites and the cover story of National Geographic, July 2010.

1963 - 1964: research assistant, University of Colorado Museum

1964 - 1965: biology instructor, Kiriji Memorial College and Adeola Odutola College, Ijebu-Ode, Nigeria

1967 - 1969: teaching assistant, Department of Biology, University of Colorado—Boulder

1968 - 1969: curatorial assistant, University of Colorado Museum

1970 - 1972: teaching assistant, Department of Anthropology, University of California—Berkeley

1971 - 1982: research assistant, Omo Research Expedition

1974 - 1975: Paleoanthropological consultant, California Academy of Sciences, San Francisco, California

1987 - 1989: instructor, Department of Anthropology, University of Hawaii at Hilo, West Hawaii Campus, Kealahou, Hawaii

1989: paleontological consultant, the Institute of Human Origins at Berkeley, California

1989 - 1990: visiting lecturer, Department of Anthropology, University of California—San Diego, La Jolla, California

1991 - : instructor, Department of Anthropology, Sierra College, Rocklin, California

1991 - : instructor, Department of Anthropology, American River College, Sacramento, California

1993: instructor, Department of Anthropology, California State University-Sacramento, Sacramento, California

Awards: Excellence in Teaching Award (1989)

Publications:

Spiritwalker series:

SPIRITWALKER: Messages from the Future. Bantam, 1995 (HC) and 1996 (TPB) Published in 15 languages.

Describes an ongoing series of spontaneous dream-like visions beginning in the early 1980s, in which Wesselman seemed to connect with and see through the eyes of "Nainoa", a man of Hawaiian ancestry living on the western coast of what is today North America 5000 years after the collapse of the "Great Age" of technology. Nainoa, a member of a Hawaiian-based society which has re-peopled America's west coast. The series begins as Nainoa is sent into the continent's interior on a mission to seek out the descendants of the "Americans" and, if possible, find horses. On the journey, Nainoa explores his shamanic calling, learns of his relationship with Wesselman, and makes contact with the "Ennu", a tribe of hunters and gatherers

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descended from Canadian Innuits. The Spiritwalker trilogy explores Wesselman's struggles with what to make of these experiences, and records an extraordinary story as the anthropologist is drawn into the shaman's world of mystery and magic.

The future California-Nevada region is depicted as including rainforest and an inland sea inundating the central valley, as well as a wide variety of exotic megafauna such as elephants, lions, longhorn cattle, and several monkey and ape species. Wesselman speculates that the ancestors of these animals may have escaped from zoos or been released from circuses during the collapse of Western civilization. Both human populations shown in the book live at a neolithic level of technology, with some metal artifacts such as knives and fishhooks.

The sequel books (below) are often compared with the writings of Carlos Castaneda, and reference the work of Michael Harner. Besides Nainoa's future world, Wesselman describes various spiritual experiences, including cosmological visions as well as encounters with spirit beings.

MEDICINEMAKER: Mystic Encounters on the Shaman's Path (1999)

Continues the story with Wesselman's 1989 return to academic life in California, and Nainoa's c. 70th-century return from the American interior, back to his own society and homeland. There he studies to become a *kahuna*; makes an enemy in one of the other priests; and meets a love interest, the spiritually-aware Maraea (possibly a descendant of Wesselman's wife, or perhaps of them both). Nainoa inadvertently kills the enemy by calling upon "spotted tiger man", a spirit familiar--identified with a "leopard man" which Wesselman had encountered and painted.

VISIONSEEKER: Shared Wisdom from the Place of Refuge (2002)

Continues Wesselman's story from 1995 to 2000 around a series of eight visions, which Wesselman and Nainoa gradually come to experience together. A key concept is that of the *dorajuadiok*, a powerful spirit-being which Wesselman describes as a minded "energy field". Much attention is given to Wesselman's exploration of neo-shamanism and other spiritual interests. At one point he learns that his father had experienced similar time-shifts, and was convinced that he had been a seventeenth-century French swordsman.

"Meanwhile", in the far future, Nainoa marries Maraea. Thanks to Maraea's political connections (her grandmother is a "governor"), he is assigned the task of starting a new colony on the eastern shore of their inland sea (i.e., a future, inundated version of California's central valley), with the ultimate goal of building a road which will allow the importation of horses from the Ennu land in the interior. This volume contains several references to Jesus, including a visionary experience of him by Wesselman. During his training as a *kahuna*, Nainoa is taught a shamanistic version of the Lord's Prayer which his teacher attributes to the ancient "Americans."

TIMEWEAVER: The Book of Nainoa (2023)

The long awaited fourth book in the Spiritwalker series, features a glimpse into a world 5000 years in the future.

Dr. Hank Wesselman, a paleoanthropologist and research academic, became an unlikely shaman when he began having spontaneous, powerful visionary experiences in 1983, which continued until the time of his passing in 2021. During these experiences his conscious awareness would travel beyond his body to merge with the body, mind, and soul of another man who lives in another time.

But these were not what some would call past-life experiences. They could more accurately be likened to time travel. As the connection deepened, Hank came to see that he was contacting his future self, roughly 5,000 years after the collapse of Western civilization.

Hank was compelled to share his experiences as he came to understand that this destiny is not cast in stone. That actions and decisions we make now will determine the future we and our descendants are walking into.

This final volume is unique in that it is told from the perspective of Nainoa, the Hawaiian kahuna mystic contacted by Hank almost four decades ago. We will travel with Nainoa and experience a slice of his life and his perceptions. It turns out that the world he inhabits is the barely recognizable, former United States. This extraordinary true story culminates with a powerful, important message for our time.

Other works:

- *Spring 2014: Australian Aboriginal Wisdom.*
- *The Omo Micromammals: Systematics and Paleoecology of Early Man Sites from Ethiopia*—December 1984
- *The Journey to the Sacred Garden.* Hay House, 2003: An introduction to understanding and practicing Core Shamanism. The book includes an experiential CD with drumming and rattling tracks designed to induce altered states.
- *Spirit Medicine* (with Jill Kuykendall)- July 2004 and experiential CD). :An overview of shamanic healing from the Hawaiian Perspective. The book contains an experiential CD for healing exercises.
- *Little Ruth Reddingford and the Wolf* - September 2004—for children. A re-imagining of the Little Red Riding Hood story.
- "The Caretaker of my Garden." In *The Times of our Lives*, Louise Hay & Friends; J. Kramer, ed., Hay House Books, Carlsbad, CA, pp. 220–230. 2007.
- "The transformational perspective: an emerging worldview," in *Mind Before Matter*, Trish Pfeiffer, John Mack and Paul Deveraux eds., John Hunt Publ, London., pages 200–216. 2007.
- 2008: "Hawaiian Perspectives on the Nature of the Soul." *The Journal of Shamanic Practice* 1: pages 21–25.
- "Awakening to the Spirit World: The Shamanic Path of Direct Revelation" (with Sandra Ingerman) - March 2010. This book was awarded the gold medal first place award by the Independent Publishers Association in 2011 for the best body Mind Spirit book of the year. It was also given the first place award by the COVR—The Coalition of Visionary Resources. In this book, two accomplished shamanic teachers join forces to present a modern upgrade of the shaman's practice and worldview for modern people. Includes an experiential CD.

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- "The Bowl of Light: Ancestral Wisdom from a Hawaiian Shaman" - May 2011. in which Wesselman records his friendship with the Hawaiian elder kahuna Hale Makua over the last eight years of his life, including their philosophical discussions. Hank Wesselman's account of his eight-year friendship with the Hawaiian elder and kahuna nui Hale Makua includes previously unpublished kahuna wisdom and Polynesian philosophy and has been critically acclaimed.
- "My Encounters with Sekhmet." In *Heart of the Sun: An Anthology in Exaltation of Sekhmet*, eds. Candace C. Kent and Anne Key, IU Universe Publ, Bloomington, Indiana, pages 104–111. 2011
- "Speaking Woman." *The Journal of Shamanic Practice*. 4(1): pages 32–36. 2011
- "The Three Stages of Spiritual unfolding." In *Shamanic Transformations: True Stories of the Moment of Awakening*, ed. Itzhak Beery. Destiny Books, 2015.
- "The Re-Enchantment: A Shamanic Path to a life of Wonder" (2016) includes many of Wesselman's "field notes" of his visionary experiences and initiations including his observations about the unseen forces that affect our lives—spirit helpers, spirit teachers, the spirit guides and the masters of deception who attach themselves to our political, economic, military and religious leaders. It concludes with thoughts from the Hawaiian kahuna elder.

Contributions:

- *Hawai'i: True Stories of the Island Spirit* - Page 216, "Spiritwalker", July 1999, ISBN 1-885211-35-X
- *The Spiritual Gifts of Travel: The Best of Traveler's Tales* - Page 99, "Spiritwalker", March 2002, ISBN 1-885211-69-4
- Essay in: "How Do You Pray: Inspiring Responses from Religious leaders, Spiritual Guides, Healers, Activists and Other Lovers of Humanity", ed. Celeste Yacoboni, Monkfish Book Publishing, Rhinebeck New York, pages 156-158. 2014
- "My First Encounter with Sekmet", foreword of *Sekhmet: Transformation in the Belly of the Goddess* by Nicki Scully,^[6]
- * Foreword to: *The Evolving Soul: Spiritual Healing through Past Life Exploration*, Linda Backman, Llewellyn Publications, Woodbury, Minnesota. pages X1-X1V. 2014

Selected Research papers:

- "Fossil remains of micromammals from the Omo group deposits" (with J-J. Jaeger): In *Earliest Man and Environments in the Lake Rudolf Basin: Stratigraphy, Paleoecology and Evolution*; Y. Coppens, F. Clark Howell, G. L.I. Isaac and R.E.F. Leakey, eds. University of Chicago Press: pages 351-360. 1976.
- "Pliocene Micromammals from the Lower Omo Valley, Ethiopia: Systematics and Paleoecology." PhD dissertation, University Microfilms. 1982.
- "The Omo Micromammals: Systematics and Paleoecology of Early Man Sites from Ethiopia," *Contributions to Vertebrate Evolution* 7: pages 1–219. S. Karger Publ. Basel. (Karger Monograph). 1984
- "Fossil micromammals as indicators of climatic change about 2.4 million years ago in the Omo Valley, Ethiopia." *South African Journal of Science* 81: pages 260-261. 1985
- "Micromammals as climatic indicators: the Omo evidence," in *The Longest Record, the Human Career in Africa*; volume of abstracts of papers presented at a conference in honor of Professor J. Desmond Clark. 1986
- "Of Mice and Almost-men: Regional Paleoecology and Human Evolution in the Turkana Basin". in *Paleoclimate and Evolution, with Emphasis on Human Origins*, eds. Elizabeth Vrba *et al.* Yale University Press, 1995, pages 356–368.
- *Asa Issie, Aramis and the origin of Australopithecus*, *Nature* 440, pages 883-889, ISSN 0028-0836, E-ISSN 1476-4687, April 13, 2006. [1]
- "Small Mammals" in *Ardipithecus kadabba: Late Miocene Evidence from the Middle Awash, Ethiopia*. eds. Yohannes Haile-Selassie and Giday Woldegabriel. University of California Press, pages 105-133, 2009.
- "Taphonomic, Avian, and Small-Vertebrate Indicators of *Ardipithecus ramidus* Habitat", *Science* 326 (issue 5949), page 66, October 2, 2009.
- "The soul cluster: Reconsideration of a millennia old concept." (with Freeska E, Moro, L.) *World Futures* 2011; 67: pages 132-53. 2011.
- "Tachyoryctes Makooka (Tachyoryctini, Spalacidae, Rodentia) and its bearing on the phylogeny of the Tachyoryctini," (with Raquel Lopez-Antonanzas), *Paleontology* 56 (1), pages 157-166. 2013.

Official Website:

www.SharedWisdom.com

Official Website for Hank Wesselman's “Spiritwalker” streaming series project:

<https://lisarhyne.com/spiritwalker/>

Social Media Links for “Spiritwalker” project:

<https://www.facebook.com/spiritwalkerfilm/>

<https://www.instagram.com/spiritwalkerfilm/>